

RE.MI.D.A. FOCUS GROUP

REPORT

RE.M.I.D.A.» project

Erasmus+ KA2 Strategic Partnership (2019-1-IT02-KA204-063171)

Renewed Models for the Inclusion of Disadvantaged Adults

Authors: Panos Fitsilis (Hellenic Open University)

Date: April 2021

Result no.: R3



RE.MI.D.A. Focus Group

Report for

Greece

Poland

Slovenia

Romania

Portugal

Spain



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1. INTRODUCTION ON THE RE.MI.D.A. PROJECT

The project R.E.M.I.D.A., funded by the Erasmus+ Programme of the European Commission, aims to tackle the problem of socio-occupational exclusion of disadvantaged adults over 45. Neither young nor old, often without parental support or the possibility of early retirement, trapped on the fringes of the labour market in a condition of chronic "inactivity". They are the "older" unemployed, those who have lost their jobs after crossing the 45-year threshold.

The project "REMIDA – Renewed Models for the Inclusion of Disadvantaged Adults" was designed with the aim of supporting the social and working inclusion of adults 45+ at risk of exclusion by defining and testing an innovative model of intervention, aimed at achieving personal empowerment and enhancing the informal and non-formal skills of this target group.

The target group of RE.MI.DA. is composed of operators working for the social inclusion of disadvantaged adults; adults 45+ at risk of social-work exclusion; managers of adult education, training, assessment and guidance organizations; experts / researchers in adult education methodologies; and representatives of the Public Administrations.

Main expected results of RE.MI.D.A. are:

- Definition of an innovative model of intervention for the personal empowerment of 45+ adults at risk of socio-professional exclusion. This model comes from adaptation of the Lego Serious Play® principles to the adult 45+ target and its alignment with consolidated methodologies for adult education, training assessment and orientation.
- Upskilling of operators of adult education centres, engaged in activities in favour of adults 45+ at risk of social exclusion.
- Support to European processes for enhancing informal and non-formal skills of this target group.





2. REPORT ON QUESTIONS

1.	According to you	•	-	er Re.M.I.D.A.	Model complete and clear along
1.	Not at all	2. Poorly	3. Fairly	4. Mostly	5. Totally
Comm	ents (mandatory	in case of sco	re from 1 to 3	3)	
	omments made ouped	by focus grou	p participant	s. Process com	ments so common concerns are
	nderstand most o tailed questions.	of it. It would	be good for	the implement	ers they had well developed and
B. All I	know is Lego Ser	rious Play" tecl	hnique		
	Ilt education musear structure.	st be individua	alized depend	ding on many fa	actors, and the activities follow a
	ne activities, exce ve no doubts. Sho	•			o give examples so that the adults rage initiative.
2.	According to yo	our opinion, do	you conside	er Re.M.I.D.A. N	Nodel activities feasible?
1. Not	at all 2. Poo	rly 3. Fair	ly 4. Mo	stly 5. Tot	ally
Comm	ents (mandatory	in case of sco	re from 1 to 3	3)	
	omments made ouped	by focus grou	p participant	s. Process com	ments so common concerns are
A. Yes	they are feasible	e, in groups or	individually,	but should be	
adapte	ed to present par	ticipants.			
B. Me	:hod/technique u	seful with mea	aningful adju	stments by targ	get group
C. Not	so much useful f	or unemploye	d 45+		
	re may be adults as something chil		judices about	the method us	ed, in this case Lego, they can see



- 3. Do you consider Re.M.I.D.A. Model proposed activities sustainable according to the participants main target groups characteristics (disadvantages adults)?
- 1. Not at all
- 2. Poorly
- 3. Fairly
- 4. Mostly
- 5. Totally

Comments (mandatory in case of score from 1 to 3)

Add comments made by focus group participants. Process comments so common concerns are grouped

- A. Concern that adults can learn mechanically to carry out these activities but not get this methodology to be internalized
 - 4. What kind of experiences and skills do you think are necessary/useful to develop/deepen to realize the Re.M.I.D.A. Model proposed activities?

	No of answers
The opportunity to have a clearer view about the potential applications and goals	35
A way to better understand the process	29
More information about the logistic	14

A dedicated training to develop specific skills such as:

- 1. Introduction guide for the trainer to develop facilitator skills
- 2. Explanation of the structure some psychoanalytical knowledge should be mandatory since no interpretation or wrong interpretation could have negative implications.
- 3. Getting to know/raising awareness of own strengths and weaknesses; Barriers awareness and obstacle overcoming strategy; establishing a social network, ...
- 4. Setting life goals, reconsidering your life
- 5. Creativity, developing imagination, visualizations, colour perception, communication observation, interpretation, justification





- 6. Easier access to communication, unemployed (especially those with low self-image), setting goals, insights into relationships, those who find it difficult to speak about themselves
- 7. Empowerment, awareness of one's own potential and objectives
- 8. Developing individual potentials, helping to develop and re-describe specific instructions of the individual (beliefs, expectations, ideas about yourself, work, relationships)
- 9. "Creativity. Entrepreneurship. Self-knowledge."; "Cognitive and motor"

Table 1: feedback from focus groups about the skills and experience useful to realize Re.M.I.D.A. model

5. What kind of methodology do you prefer to develop your skills?

	No of answers
Formal	14
Non Formal	39
Peer-to-peer sharing experiences	38
Others	

- 1. A typical methodology
- 2. There has to be a combination of formal and peer to peer sharing experiences
- 3. Practical, experiential education
- 4. I use all of the above

Table 2: feedback about the methodology

6. Do you have to offer any other suggestion, related with the objectives of Re.M.I.D.A. project in general?

List the suggestions made. Similar suggestions should be grouped





- 1. Activities could be personalized or maybe focus in very small groups. In that way anyone would participate equally and develop better skills. Maybe a gamification technique could be introduced inside the process. Such technique could empower an individual in an active way
- 2. The intended course should be designed taking into consideration the traits, needs and expectations of the specific target group which will be asked to implement the serious play scenario.
- 3. It is a model based on the talent of adult educators. It is good to have a guide with activity steps and each instructor to adapt the project to his abilities and make it "his". It can be applied to prisoners, the unemployed, students to strengthen their personality and career. Connects with the use of art in education and makes the game part of the educational process, inspiring innovation, creativity and collaboration of team members.
- 4. A general training in LSP process before apply it to specific REMIDA subject
- 5. There must be a "user's guide" about the model and it would be useful to include some case scenarios, so the trainers obtain insight on how to use it and the ways the model can achieve various educational goals.
- 6. Use of LSP methodology in face-to-face sessions. I am wondering about the psychological aspects, that I think is very important with the use of the LSP methodology. Some psychological training should be included into the moderator's development.
- 7. Needs to be adapted to the groups of target groups (long-term unemployed, elderly, younger, foreigners, people with special needs, people with disabilities...)
- 8. Bigger bricks: Bricks that consider sustainability (painted with stones, sun, earth); More people figurines; More packages
- The use of devices (any) in individual or group work requires a well-trained professional, as these methods also open unconscious areas. If the contractor is not experienced in this work, it can do more harm than good.
- 10. I think it is a wonderful tool to work with in counselling and group work. We remember our childhood while playing with these bricks...
- 11. As many useful and applied methods and techniques as possible in working with participants
- 12. I want there to be more transferable methods in working with vulnerable target groups
- 13. I would like to participate in more of these workshops





- 14. I want to share that I liked the presentation workshop, and I rate the model as a valuable and useful tool for achieving the project's objectives.
- 15. LSP strengthens the reflection process:
- using this learning method supports much more effective dialogue
- it is effective for learning because using your imagination you can understand the vision of others
- LSP makes us think and communicate in a different way than we are used to
- this "serious play" used in adult training is really beneficial because you let your imagination run wild and you can set clear goals
- 16. "Deepen and diversify techniques and teaching methodologies in order to improve the teaching and learning process."
- 17. "Use of the REMIDA method individually, since constraints may arise for some adults in the exposure and sharing of the group."
- 18. These adults should be monitored to see if the employability and inclusion goals are met.
- 19. It is a project with a clear and concise methodology, with very necessary objectives in today's society.
- 20. The facilitator must have a good training to carry out these activities since they may encounter different scenarios, and must control the situations.
- 21. LSP will allow adults to express their inner thoughts and there are no wrong answers, all actions will be interesting and may have conclusions to analyse.



3. APPENDIX A: QUESTIONS THAT SHOULD BE ADDRESSED FROM THE FOCUS GROUP

FOCUS	Group participant data
Given	Name: :
Surnan	me: :
Organi	zation :
Email	<u> </u>
FOCUS	Group participant experience related questions
1. Ho	w many years of experience you have with VET training?
☐ Les	as than five \Box Between 5 and 10 \Box More than five
2. Do	you have experience on VET training of unemployed persons?
□ No	exp. \square Some Exp. \square Sufficient exp. \square Significant exp. \square I'm an Expert
	nat kind of techniques are you using to empower unemployed people and/or disadvantages + adults at risk of social exclusion?
☐ For	rmal (e.g. classroom training, on-line training)
☐ Info	ormal: hands-on training, facilitation, practical placement
□ Otl	ner, please specify
4. Ha	ve you ever used before LEGO® SERIOUS PLAY® methodology?
☐ Yes	s, for skill development
☐ Yes	s, for VET training
□ No	
□ Oth	her



The Re.M.I.D.A. Model related questions

5.		to your opinio description?	n, do you consider Re.	M.I.D.A. Model complet	e and clear along with its
	Not at all	☐ Poorly	☐ Fairly	☐ Mostly	☐ Totally
Со	mments (m	nandatory in ca	se of score from 1 to 3)	
6.	According	to your opinio	n, do you consider Re.	M.I.D.A. Model activitie	es feasible?
	Not at all	□ Poorly	□ Fairly □	Mostly T	otally
Co	mments (m	nandatory in ca	se of score from 1 to 3		AL.
		*	_CS-MC	10-6	70
7.	-		D.A. Model proposed a acteristics (disadvantag		ording to the participants
	Not at all	☐ Poorly	☐ Fairly ☐	Mostly \square T	otally
Co	mments (m	nandatory in ca	se of score from 1 to 3)	



8.	What kind of experiences and skills do you think are necessary/useful to develop/deepen to realize the Re.M.I.D.A. Model proposed activities?
	The opportunity to have a clearer view about the potential applications and goals
	A way to better understand the process
	More information about the logistic
	A dedicated training to develop specific skills such as:
9.	What kind of methodology do you prefer to develop your skills?
	Formal
	Non formal
	Peer-to-peer sharing experiences
Otl	ner
	HILE MELCOND
10.	Do you have to offer any other suggestion, related with the objectives of Re.M.I.D.A. project in general?



4. APPENDIX B: REMIDA FOCUS GROUP PARTICIPANTS

Meeting agenda

- 1. Introduction of Re.M.I.D.A. project
- 2. Introduction of LSP methodology
- 3. Discussion on the methodology
- 4. Concluding remarks

Meeting(s) Date(s)

(Greece)

- 1. Monday 21/09/2020 18:30 (Group A)
- 2. Thursday 24/09/2020 18:30 (Group B)
- 3. Monday 03/08/2020 9:30
- 4. Friday 10/03/2020 11:00
- 5. Friday 16/10/2020 10:00 (Group A)
- 6. Friday 16/10/2020 15:00 (Group B)
- 7. Wednesday 11/11/2020 9:00 (Group A)
- 8. Thursday 12/11/2020 14:00 (Group B)





PARTICIPANTS FROM GREECE

N o	Surname	First Name	Organization	Email	Years of experience you have with VET training?	Experienc e on VET training of unemploy ed persons?	Techniques used to empower unemployed people and/or disadvantages 45+ adults?	Have you ever used before LEGO® SERIOUS PLAY® methodology?
1.	Fitsilis	Panos	University of Thessaly	pfitsilis@gmail.com	More than 10	Some experienc e	Formal (e.g. classroom training, on-line training)	No
2.	Akrivouli	Zoe	AMALTEA CONSULTING	akrivouli@amaltea.g r	More than 10	Significant experienc e	Formal (e.g. classroom training, on-line training), Informal: hands-on training, facilitation, practical placement	Other (please specify), business canvas
3.	Mallios	Nikolaos	Second Chance School of Domokos	nmallios@uth.gr	Less than 5	Some experienc e	Informal: hands-on training, facilitation, practical placement	No



4.	Tigka	Evangeli a	1st Second Chance School of Domokos (prison school)	etigka@gmail.com	Between 5 and 10	No experienc e	Formal (e.g. classroom training, on-line training), Informal: hands-on training, facilitation, practical placement, Other (please specify), theatre	No
5.	Pavlitsa	Elissavet	Institute of Entrepreneurs hip Development	epavlitsa@ied.eu	Less than 5	No experienc e	Other (please specify), A combination of both, especially in thematic areas that the target group is not so confident with	No
6.	Theodosiou	Aspasia	Hellenic Open University	stheodosiou@eap.gr	More than 10	Some experienc e	Formal (e.g. classroom training, on-line training), Informal: hands-on training, facilitation, practical placement	No



7.	Gerostergio u	Kalliopi	OAED Regional Directorate of Thessaly	kgerost@yahoo.gr	More than 10	l'm an Expert	Informal: hands-on training, facilitation, practical placement, Other (please specify), Βιωματικά εργαστήρια	Yes, for skill development
8.	Damasiotis	Vyron	University of Thessaly	damasiotis@uth.gr	Between 5 and 10	Sufficient experienc e	Formal (e.g. classroom training, on-line training)	No
9.	Katsika	Mariant hi	ICBS Larissa Business School	katsikama@yahoo.c om	More than 10	Some experienc e	Formal (e.g. classroom training, on-line training)	Other (please specify), In a seminar
10.	Balkouranid is	Dimos	7	balkou@yahoo.com	Less than 5	Some experienc e	Formal (e.g. classroom training, on-line training), Informal: hands-on training, facilitation, practical placement	No



11.	Anthopoulo u	Eirini	Freelance professional	anthopoulou.irene@ yahoo.gr	More than 10	l'm an Expert	Formal (e.g. classroom training, on-line training), Informal: hands-on training, facilitation, practical placement	No
12.	Kyriatzis	Vasilis	University of Thessaly	kyriatzis@uth.gr	More than 10	Some experienc e	Formal (e.g. classroom training, on-line training)	No

	participants from C		POLAND	EV.	VI			
No	Surnam e	First Name	Organization	Email	Years of experien ce you have with VET training?	Experie nce on VET trainin g of unempl oyed	Techniques used to empower unemployed people and/or disadvantages 45+ adults?	Have you ever used before LEGO® SERIOUS PLAY® methodolog y?



						person s?		
1.	Łukasik	Magdal ena	СКИ	kursy@cku2.pl	15	I'm an expert	Informal	No
2.	Żelazna	Anna	Lublin University of Technology	zelazna anna@wp.p	15	Some exp.	Informal	No
3.	Zabratańska	Katarzy na	IBE	k.zabratanska@ibe.e du.pl	Between 5 and 10	Significa nt. exp.	Formal, Informal	No
4.	Kwiatusze wska- Czerwonka	Monika	ZRW Doradztwo Ltd.	monikakwiatuszews ka@zrwdoradztwo.p <u>l</u>	Between 5 and 10	Significa nt. exp.	Informal	No
5.	6Pietroń	Grzegor z	СКИ	grzegorz.pietron@ck u2.lublin.eu	Between 5 and 10	Some exp.	Formal	No



6.	Ruman- Kołodyńska	Anna	СКИ	anna ruman@poczt a.onet.pl	Between 5 and 10	Some exp.	Formal	No
7.	Marczak	Gracja	Lublin City Hall Gestar	gracjossa@02.pl	Less than five	No exp.	Formal	No
8.	Nurzyński	Piotr	Association NATAN	pnurzynski@interia. pl	Less than five	Some exp.	Formal, Informal	No
9.	Sprysak	Olga	Foundation I ²	olgasprysak@gmail.c om	Less than five	Significa nt. exp.	Formal, Informal	No
10	Mizińska	Jolanta	Primary School No 20	jolanta mizinska@o 2.pl	Less than five	Some exp.	Formal, Informal	No
11	Sitarczyk	Małgor zata	WSEI	malgorzata.sitarczyk @interia.pl	38	I'm an expert	Formal, Informal	No

Table 4: Participants from Poland

PARTICIPANTS FROM SLOVENIA





NO	Surname	First Name	Organization	Email	Years of experience you have with VET training?	Experienc e on VET training of unemploy ed persons?	Techniques used to empower unemployed people and/or disadvantages 45+ adults?	Have you ever used before LEGO® SERIOUS PLAY® methodology?
1.	Sulič	Tea	RIC Novo mesto	Tea.sulic@ric-nm.si	>5	A lot	Both	No
2.	Arkar	Tadeja	RIC Novo mesto	Tadeja.arkar@ric- nm.si	5-10	Some	Informal	No
3.	Blažič	Ana Marija	RIC Novo mesto	Ana.marija.blazic@ri c-nm.si	>5	A lot	Formal	No
4.	Ogulin Počrvina	Gabi	RIC Novo mesto	Gabi.ogulin.pocrvina @ric- nm.si	>10	A lot	Both	No
5.	Volf	Katja	RIC Novo mesto	Katja.volf@ric-nm.si	5-10	A lot	Formal	No
6.	Herženjak	Brigita	RIC Novo mesto	Brigita.herzenjak@ri c-nm.si	>10	Expert	Both	No



7.	Potočar	Zvonka	RIC Novo mesto	Zvonka.potocar@ric- nm.si	>10	A lot	Both	No
8.	Salmič Tisovec	Nastja	ŠENT - Slovensko združenje za duševno zdravje	Nastja.salmic@gmail .com	5-10	Enough	Both	No
9.	Avsenik	Irena	Grm Novo mesto - Center Biotehnike in turizma	Irena.avsenik@guest .arnes.si	>10	Enough	Both	No
10.	Petan	Polonca	Želva d.o.o.	Polonca.petan@zelv a.si	<5	Some	Informal	No

Table 5: Participants from Slovenia

PARTICIPANTS FROM ROMANIA

N O	Surname	First Name	Organization	Email	Years of experience you have	Experienc e on VET training of unemploy	Techniques used to empower unemployed people	Have you ever used before	
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					with VET training?	ed persons?	and/or disadvantages 45+ adults?	LEGO® SERIOUS PLAY®
								methodology?
1.	Marusca	Angela	ORIZONT Centre	angelaioanamarusca@ gmail.com	>15	yes	Formal Informal	yes
2.	Araiman	Rodica	ACTA	rody araiman@gmail.c om	>15	yes	Formal Informal	no
3.	Pintican	Laura	ANPPR Association	serfezelaura@yahoo.c om	5-10	some	Informal	no
4.	Suciu	Roxana	Orizont Centre	roxy suciu@yahoo.co <u>m</u>	>10	yes	Formal Informal	no
5.	lova	Delia	Lucian Blaga High School	delia iova@yahoo.co <u>m</u>	>20	yes	Formal Informal	yes
6.	Mile	Anca	Emanuil Gojdu High School	mile.anca@gmail.com	>15	yes	Formal Informal	yes
7.	Trip	Simon a	University of Oradea	s.trip@gmail.com	15-10	yes	Formal Informal	no



8.	Ratiu	Marian a	ACTA	mariratiu@yahoo.com	>20	yes	Formal Informal	yes
9.	Cormos	Anama ria	ANPPRAssocia tion	cormos ana@gmail.co <u>m</u>	10-15	yes	Formal Informal	no
10.	Varga	Cristin a	ACTA	cristina.pihuleac@gma il.com	5-10	some	Informal	No
11.	Budescu	Emil	ACTA	emilbudescu@gmail.c om	>20	yes	Formal	No
12.	Popovici	Mihael a	ACTA	mihatex@gmail.com	>20	yes	formal	yes

Table 6: Participants from Romania

PARTICIPANTS FROM PORTUGAL

NO	Surname First Name Organization	Surname	Email	Years of experience you have	e on VET training of unemploy	Techniques used to empower unemployed people	Have you ever used before LEGO®
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					with VET training?	ed persons?	and/or disadvantages 45+ adults?	SERIOUS PLAY® methodology?
1.	Maria Celeste	Silva	EPRALIMA	mcfesilva@gmail.com	More than 10	Sufficient exp.	Formal; Informal; role playing, focus grupo	No.
2.	Deolinda	Silva	EPRALIMA	deolindasilva@eprali ma.pt	Between 5 and 10	Significant exp.	Formal; Informal.	No.
3.	Rui Manuel	Vieito	EPRALIMA	ruivieito@epralima.pt	Between 5 and 10	Sufficient exp.	Formal.	No.
4.	Olga Sofia	Rocha	EPRALIMA	Sofiarib2@hotmail.co m	More than 10	Significant exp.	Formal; Informal.	No.
5.	Margarida	Vieira	EPRALIMA	margaridavieira@epra lima.pt	Less than 5	Some exp.	Informal.	No.
6.	Maria	Neto	EPRALIMA	marianeto@epralima. pt	Between 5 and 10	Significant exp.	Informal.	Yes, for skill development.
7.	Luis Alberto	Guimar aes	EPRALIMA	luisguimaraes@eprali ma.pt	More than 10	Sufficient exp.	Informal.	No.



0	Maria	Abreu	EPRALIMA	candidasilva@epralim	Between 5	Significant	Informal	No.
8.	Candida	da silva	EPRALIIVIA	a.pt	and 10	exp.	Informal.	INO.

Table 7: participants from Portugal

PARTICIPANTS FROM SPAIN

No	Surname	First Name	Organization	Email	Years of experience you have with VET training?	Experienc e on VET training of unemploy ed persons?	Techniques used to empower unemployed people and/or disadvantages 45+ adults?	Have you ever used before LEGO® SERIOUS PLAY® methodology?
1	Gallardo Garrido	Santiag o	Fundación Don Bosco	Santig 95@hotmail.c om	Less than 5	No experienc e	Formal (e.g. classroom training, on-line training), Informal: hands-on training, facilitation, etc.	No
2	Martagón Beltrán	Sara	Aspapronias	sarabambalina@gmail .com	Less than 5	Some experienc e	Formal through methodologies approved by the relevant institutions	Yes, for the development of skills, with



							and informal through workshops held without being regulated.	metaphorical teachings.
3	Martín Díaz	Iván	Labboral consultant	ivanmartindiaz@gmail .com	Less than 5	Some experienc e	Formal	No
4	Rojas Pérez-Pire	Miguel Santiag o	Freelance social integrator	Miguelito_1584@hot mail.com	Less than 5	No experienc e	Formal through methodologies approved by the relevant institutions and informal through workshops held without being regulated.	No
5	Flichi Roca	Ángeles	Freelance teacher	flichi88@gmail.com	Less than 5	No experienc e	Formal Informal	No
6	Garau	Rocío	Freelance counseling psychologist	rocio.garau@gmail.co <u>m</u>	Less than 5	No experienc e	Informal	No



7	Fernández	María	Inercia Digital	mariafernandez@iner	Less than 5	Some	Informal	No
	Reyes			<u>ciadigital.com</u>		experienci		
						е		
8	Romero	Cristina	Inercia Digital	cristinaromero@inerc	Less than 5	Some	Informal	No
	Aceituno			iadigital.com		experienc		
						е		
9	Picón	Enrique	Inercia Digital	enriquepicon@inercia	Less than 5	Some	Informal	No
	Roca		- 4	digital.com		experienc		
						e		
10	Corona	Susana	Inercia Digital	susanacorona@inerci	Less than 5	Some	Informal	Yes, for the
	Cruz		1	adigital.com		experienc	A.	development
			I on			e	W	of skills in the
					VI II I	17.		field of STEM
				TLAA	aa	π		and robotics.
11	Bermúdez	Jose	Inercia Digital	josebermudez@inerci	Less than 5	No	Informal	No
	Romero			aidigital.com		experienc		
						e		

Table 8: Particpants from Spain

